

Medical matters

Southern Highlands Private Hospital Newsletter



99 Bowral Street
Bowral NSW 2576

02 4862 9400

Issue 01
Dec 2013

SOUTHERN HIGHLANDS
PRIVATE HOSPITAL

CEO address

Welcome to the Christmas edition of 'Medical Matters'. As the year comes to a close it's a great opportunity to reflect on the successful year we've experienced at Southern Highlands Private Hospital. Thank you to all of the valuable General Practitioners who continued to support SHPH throughout the year.

From all of the staff and Doctors at Southern Highlands Private Hospital we wish you a Merry Christmas and a Happy New Year. We look forward to working together for another wonderful year of quality patient care in 2014.

Introducing our Newest Specialists

A/Prof Michael Vallely

Cardiothoracic Surgery (Pacemaker Procedures) 02 9422 6090

Dr Andre Safvat

Plastic & Reconstructive Surgery 02 4861 6698

Doctor Profile

Dr Andre Safvat Plastic and Reconstructive Surgery

Dr Safvat is a fully qualified plastic and reconstructive surgeon, who graduated from the University of NSW in 1991. After training in advanced General Surgery and completing full time research at the University of Sydney and the Royal North Shore Private Hospital, Department of Surgery, he was selected for advanced training in Plastic and Reconstructive Surgery. Upon successfully obtaining his Fellowship of the Royal Australasian College of Surgeons, he undertook a further post- training Fellowship in Plastic Aesthetic and Micro Surgery at St Vincent's Hospital in Sydney.



He remains committed to furthering the science of Plastic Surgery and Reconstructive Surgery and continues to undertake research and teaching through his conjoint academic appointment at the University of New South Wales and his appointment at the Western Sydney Health. He keeps updated with the current trends and is involved with regular presentations at national and international meetings and conferences.

Dr Safvat has keen clinical interests in reconstructive breast surgery, cosmetic surgery, the treatment of skin cancer and associated complex reconstruction and the treatment of both elective and traumatic hand surgery cases.

Dr Safvat operates once a month in Bowral and consults and does his rounds the next day. He also has consulting rooms in Concord and Miranda.

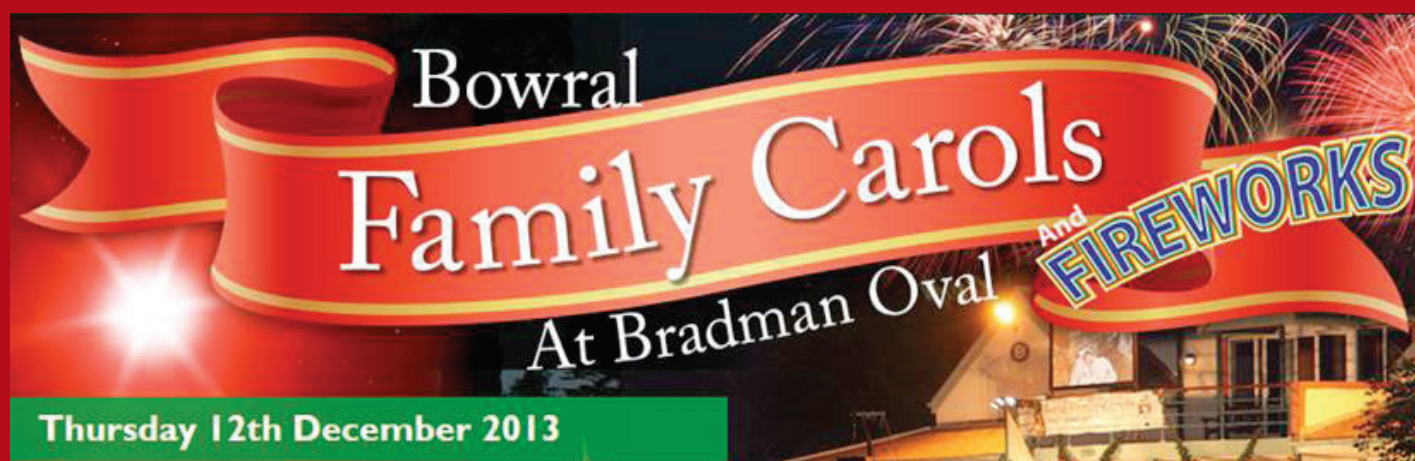
**Dr Andre Safvat can be contacted on
02 4861 6698, 21 St Jude Street,
Bowral, NSW 2576.**

Merry Christmas and a Happy and safe
New Year from all of the team at
**Southern Highlands PH
& Cancer Centre**



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Southern Highlands Private Hospital
and Cancer Clinic
**main Sponsors of the
Bowral Family Carols &
Fireworks at the Bradman
Oval on Thursday Dec 12th**

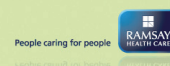
Southern Highlands Private Hospital is proud to be associated with Bowral Family Carols Bowral at Bradman Oval on Thursday 12 December 2013. The event is hosted by combined local churches and local businesses and this year Southern Highlands Private is pleased to be the major sponsor for the Fireworks in 2013.

The Carols is a great night for the whole family and one of the largest event of its kind in the Southern Highlands. Local families and visitors to the area bring along a picnic blanket, and enjoy the entertainment including a Nativity procession with free lollies for the kids. The evening's Celebrations conclude with spectacular fireworks proudly sponsored by Southern Highlands Private Hospital.

Searching for a
specialist is easy
with the new
mySPECIALIST
App



**Southern Highlands Cancer
& Day Infusion Centre**



- Oncology Day Unit
- Chemotherapy services for public and private patients
- Personalised care, close to home!

02 4862 9470

99 Bowral Street, Bowral

SOUTHERN HIGHLANDS
PRIVATE HOSPITAL & CANCER CENTRE

Southern Highlands Private Hospital CEO Awarded 2013 Business Women of the Year



Friends and colleagues were proud to share Jenny Harper's delight when Judges announced at the Southern Highlands Business Awards for Excellence 2013, that our own Chief Executive Officer / Director of Clinical Services had been awarded Business Woman of the Year.

"The Business Woman of the Year Award recognizes a woman who has demonstrated a desire for her business to be the best in its industry. The successful nominee demonstrates a high level

of drive, energy and passion. She is at the top of her game and respected as a leader in her field."

"The winner of this award shows innovation, is hardworking and a leader in her field and also in her community. She has strong financial management skills and has grown the business' successfully. She sees her work as more than a job; sees opportunities to make a difference for her staff, clients and the wider community. She is generous with her time and expertise and has a desire to leave a legacy that will last into future generations. Jenny Harper is a wonderful example of what all businesswomen should aspire to in their own careers."

Jenny was employed as the CEO at Southern Highlands Private 17 1/2 years ago to build and commission the hospital. Jenny took to this task with great commitment and passion, setting out to achieve the provision of an accessible health service and ensure that Southern Highlands Private became an integral part of the community, attracting specialist doctors and staff, becoming a significant employer and assist in growing a robust regional community.

Jenny attributes this achievement to establishing a strong committed senior management team, a skilled workforce and a safe, family friendly and flexible working environment. At Southern Highlands Private we have developed a 'can do' attitude, which has seen the ongoing expansion of the hospital.

Congratulations Jenny. All of us at Southern Highlands Private are confident that there is still lots of wonderful achievements and triumphs to come, and we all look forward to being part of it.

New 'Ezi Find' VMO Directory Launched!

Southern Highlands Private Hospital recently developed a VMO Directory with a detailed list of Specialists accredited at SHPH. The 'Ezi Find' directory was distributed to all local GP offices. If you'd like a copy of the VMO directory please contact the hospital on 02 4862 9407. Alternatively an up to date listing of accredited Specialists can be found on the SHPH website at www.southernhighlandsprivate.com.au.

Southern Highlands Private Hospital

General Enquiries: 02 4862 9400
Hospital facsimile: 02 4862 9401

www.southernhighlandsprivate.com.au

99 Bowral Street, Bowral NSW 2576

BARIATRIC Dr Shirhan Ho 920 Bundano Street Bowral 2576 Ph: 4862 2322 www.bowralbariatriccentre.com.au BREAST SURGERY Dr Joon Kim 28 Bowral Street Bowral 2576 Ph: 4861 3911 www.bowralbariatriccentre.com.au CARDIOTHORACIC SURGERY (PACEMAKER PROCEDURES ONLY) A/Prof Michael Valley Suite 304, 100 Carlton Avenue Newcastle 2062 Ph: 8422 6090 www.scts.com.au DERMATOLOGY Dr Frances Telford Suite 6, 70 Bowral Street Bowral 2576 Ph: 4861 4566 ENT SURGERY (INCLUDING PAEDIATRIC ENT SURGERY) Dr Simon Greenberg 21 St Jude Street Bowral 2576 Ph: 4861 3020 www.drgreenberg.com.au Dr Yuresh Naidoo 21 St Jude Street Bowral 2576 Ph: 4861 3020 www.yureshnaidoo.com GASTROENTEROLOGY AND HEPATOLOGY NB: OPEN ACCESS GASTROENTEROLOGY SERVICES Dr Ahmad Alrubale Dr Cameron Bell Dr Nicolas De Luca Dr Richard Hope Dr Stephen Williams SHPH Consulting Rooms 99 Bowral Street Bowral 2576 Ph: 4862 9400	GENERAL SURGERY Dr Shirhan Ho 920 Bundano Street Bowral 2576 Ph: 4862 2322 Dr Joon Kim 28 Bowral Street Bowral 2576 Ph: 4861 3911 Dr Frank Stenling Gastroscopy Colonscopy Suite 9, 20 Bundano Street Bowral 2576 Ph: 4861 4888 www.bowralbariatriccentre.com.au Dr Priyan Wikramanayake 28 Bowral Street Bowral 2576 Ph: 4861 3911 GYNAECOLOGY & FERTILITY Dr Hilary Joyce Suite 4, 70 Bowral Street Bowral 2576 Ph: 4862 4004 www.mfjoyce.com.au Dr Geoffrey Reid Suite 4, 70 Bowral Street Bowral 2576 Ph: 4862 4004 www.greid.com.au GYNAECOLOGY & OBSTETRICS [SPECIALISING IN JOINT REPLACEMENTS] Dr Adelyn Leong 10 Mona Road Bowral 2576 Ph: 4862 2258 MEDICAL ONCOLOGY A/Prof. Stephen Della-Fiorina Southern Highlands Cancer Centre 99 Bowral Street Bowral 2576 Ph: 4862 9740 NEUROLOGY Dr Marise Hely 1 Sheffield Road Bowral 2576 Ph: 4861 4485	OPHTHALMOLOGY Dr Peter Macken Suite 8, 70 Bowral Street Bowral 2576 Ph: 4861 4955 www.drpetermacken.com Dr Constantinos Petogiolis Suite 8, 70 Bowral Street Bowral 2576 Ph: 4861 4955 www.drpetermacken.com/drpetsogiolis.html ORAL & MAXILLOFACIAL SURGERY Dr Paul Hammons 182 Princess Highway Fairy Meadow 2519 Ph: 4225 1600 Dr Alastair Stevenson Suite 1, The Mews 11-13 Bundano Street Bowral 2576 Ph: 5462 3318 Suite 3, The Village 281-287 Sussex Street Sydney 2000 Dr Peter Vickers 182 Princess Highway Fairy Meadow 2519 Ph: 4225 1600 ORTHOPAEDICS [SPECIALISING IN JOINT REPLACEMENTS] Dr Nick Hartnell Suite 206 Bowral 2576 Ph: 4861 6698 www.kneeurgeon.com.au Dr Andrew Leicester 83 Bowral Street Bowral 2576 Ph: 4861 1955 boorth@bigpond.com.au PHYSICIANS - CARDIOLOGY/GENERAL Dr William Quinn 31 Benayette Street Bowral 2576 Ph: 4862 1723	PHYSICIANS - ENDOCRINOLOGY/GENERAL Dr Simon Grant The Old Hospital, Mona Road Bowral 2576 Ph: 4861 0303 PHYSICIANS - ENDOSCOPY/ CARDIOLOGY/TOE Dr Roland Biggs 102 Manning Street Picton 2571 Ph: 4677 0660 PHYSICIANS - RESPIRATORY/GENERAL Dr Irshad Ali 21 St Jude Street Bowral 2576 Ph: 4861 6698 Bowral and District Hospital Bowral 2576 Ph: 4861 0181 PHYSICIANS - REHABILITATION/PAIN MEDICINE Dr Guy Bashford SHPH Consulting Rooms 99 Bowral Street Bowral 2576 Ph: 4862 9400 Bowral & District Hospital Bowral 2576 Ph: 4861 0181 PLASTIC AND RECONSTRUCTIVE SURGERY Dr Michael Quinn 21 St Jude Street Bowral 2576 Ph: 4861 6698 Dr Andre Salvat 21 St Jude Street Bowral 2576 Ph: 4861 6698	UROLOGY Dr Rajdeep Kooner 18 St Jude Street Bowral 2576 Ph: 5382 6880 Dr Nestor Lalak Suite 16, 70 Bowral Street Bowral 2576 Ph: 4628 4719 www.maccarthysurgery.com.au CONSULTANTS Haematology Dr Lindsay Dunlop Liverpool Hospital Liverpool 2170 Ph: 8628 5107 Gerontology Dr John Barnett The Old Hospital, Mona Road Bowral 2576 Ph: 4861 0181 Paediatrics Dr Patrick Donnelly Shop 2, 388 Bong Bong Street Bowral 2576 Ph: 4862 2325 Palliative Care Dr Lynette Kuwahata Macquarie Cancer Therapy Centre Campbelltown Hospital Campbelltown 2560 Ph: 4634 4366 Psychiatry Dr Warwick Williams 6 Queen Street Minto 2577 Ph: 4862 2750 Radiation Oncology Dr George Papadatos Southern Highlands Cancer Centre 99 Bowral Street Bowral 2576 Ph: 4862 9740
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* Newly accredited at Southern Highlands Private Hospital

Searching for a Specialist is easy with the new mySpecialist App
Download from the App Store or Google Play

SOUTHERN HIGHLANDS PRIVATE HOSPITAL

This is not a comprehensive list of specialists with visiting rights to this Hospital. Please contact the Hospital to establish if your preferred specialist is accredited here.



Rehabilitation Services

Southern Highlands Private Hospital offers a specialised rehabilitation program for day or overnight patients in orthopaedics, musculoskeletal, neurological and reconditioning rehabilitation.

- Well-equipped gymnasium
- Hydrotherapy pool
- Advanced medical, surgical and diagnostic technology
- Day rehabilitation program for physiotherapy, hydrotherapy and occupational therapy
- Leading specialists
- Experienced allied health team
- Quality patient care, close to home

Did You Know SHPH has an Open Access Gastro Clinic?

The Open Access Gastroenterology Services at Southern Highlands Private Hospital is a GP referral based initiative that is a time and cost effective way for your patients to undergo a gastroenterology procedure.

There are 5 accredited Gastroenterologist that participate in the Open Access Gastro services at SHPH. GP's can refer directly to the Open Access Clinic and SHPH will arrange the procedure with one of the Specialists.

Contact Details:

Dr Ahmad Alrubaie, Dr Cameron Bell, Dr Nicola De Luca, Dr Richard Hope, and Dr Stephen Williams.

SHPH Consulting Rooms

99 Bowral Street

Bowral 2576

Phone: 4862 9400

2014

GP Education at SHPH

Keep an eye out for 2 exciting GP education events coming up early next year with Dr Andre Safvat & A/Prof Micheal Vallely.

If you have any topics/ speakers on your GP Education wish list for 2014 please email

Catherine at

chapmanc@ramsayhealth.com.au

with your most appreciated suggestions!

The Pre-admission Clinic



The Pre-admission Clinic (PAC) is offered to all patients who are having procedures which require overnight or several days stay at SHPH. Our trained Pre-admission staff include experienced Clinical Nurse Specialists and Doctors who will ensure that all clinical aspects are reviewed and will provide information and education about the upcoming procedure to fully prepare patients before surgery. All joint replacement procedures will attend a special pre admission education in which patients will have the opportunity to ask questions about the procedure, process and post-operative care. There is no cost to patients to attend the clinic.

Christmas Closures

Theatre closure:

Fri Dec 20th 2013 from 5pm and reopening Monday Jan 6th 2014 at 7am

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Oncology & Day Infusion Centre:

closed from Monday Dec 23rd at 5pm & reopening on Thursday Jan 2nd 2014 at 8am